Some words.

Lucid Dreams is a hard rock band from Oslo, Norway. Formed in 2007 by Silvester Pozarnik, Rune Hagen and Rune Gutuen. Their musical style is energetic riff based heavy metal with a progressive touch, but without getting into 30 minutes of storytelling combined with 15 minutes of guitar solos.

Rune Gutuen is one of Lucid Dreams' two riffmasters. In addition to the important part of composing ear catching riffs, he's also the man behind the melodic guitar solos you can hear in tracks like Cassie's Escape. He also figures as Lucid Dreams' engineer and producer at this point.

Silvester Pozarnik was Lucid Dreams' other riffmaster and the man behind the more twisted guitar solos you can hear in tracks like Paranoia. He's a master in using his guitar to create great sound effects, and he has been an important piece of creating the Lucid Dreams sound. In spring 2012, sadly, he quit the band.

Freddy Vain on vocals is the melody maker and lyricist of Lucid Dreams. He is an experienced singer in the heavy metal genre, and is also known from bands like Trendkiller and Mudslide.

In January 2012, Thorleif Østmoe joined on keyboards. His impact on Lucid Dreams live performances has been formidable, and Lucid Dreams now seems like a more complete band than ever!

No heavy metal band is complete without a heavy, hammering bass guitar. Jan-Erik Lysø and his 5 strings provides that very important thundering bass. Steady as a rock, the way a bass player should be. In addition to being half of Lucid Dreams' bottom line, he's doing the backing vocals on some songs.

Adne Olastuen Brandås joined the band in April 2012 to replace Silvester. At the age of only 18 he is an incredibly talented guitarist, with a lighning fast picking technique, and with a background in jazz, gypsy and spanish guitar music he is an exiting new addition to the band.

Last, but not least: Energetic, hard hitting drummer Rune Hagen is the other half of the bottom line of Lucid Dreams. With his double bass drums he's driving the band forward and acts like the glue that keeps us moving together in the same direction.